**Human Body Worksheet**

**Activity 1 Video watching and blank filling**

1. **How much do you know about the human body? Watch a video clip and fill in the blanks.**

Video link: <https://www.youtube.com/watch?v=hmUKdIc0y9I>

Bones 

During growth, some of these bones \_\_\_\_\_\_\_\_\_\_\_\_together and by adulthood, the total number \_\_\_\_\_\_\_\_\_\_\_\_\_ to 206.

The heart 

Your heart \_\_\_\_\_\_\_\_\_\_\_\_ beating just 4 weeks after conception and doesn’t stop until you \_\_\_\_\_\_\_\_\_.

Your heart \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_an impressive 100,000 times a day.

Eyes

Unlike ears and noses, the eyes \_\_\_\_\_\_\_\_\_\_\_ the same in your entire life.

Oddly enough, they \_\_\_\_\_\_\_\_\_\_\_\_\_reality upside down before the brain flips it upright.

Nose

Our noses \_\_\_\_\_\_\_\_\_\_\_\_ like an air conditioner: warming up cold air, cooling down hot air

Skin

Humans \_\_\_\_\_\_\_\_\_\_\_\_\_\_about 600,000 particles of skin every hour.

Nails

Men’s nails \_\_\_\_\_\_\_\_\_\_\_\_faster than women’s nails. Fingernails \_\_\_\_\_\_\_\_\_\_\_\_almost 4 times faster than toenails.

1. **Now watch another video clip to learn more about the human body.**

Video link: <https://www.youtube.com/watch?v=X8VWhVQzPGg>

1. An average person \_\_\_\_\_\_\_\_\_\_\_\_\_\_ 10,000 taste buds.
2. The human eye \_\_\_\_\_\_\_\_\_\_\_\_\_\_ over 4,200,000 times a year.
3. A person \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_enough saliva to fill two average size swimming pools during their life time.
4. The human body \_\_\_\_\_\_\_\_\_\_\_\_\_\_ 2,500,000 new red blood cells every second.
5. An average person \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 0.7 kg (1.5 pounds) of skin each year.
6. An average person\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the equivalent of twice around the world in a lifetime.
7. A soap bubble \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 10,000 times thinner than the average human hair.
8. The surface area of your lungs \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ roughly the same size as a tennis court.
9. **Work in pairs. Read the sentences above again. Write down the verbs that follow the nouns (Subject) in the two tables below.**

Group 1

|  |  |
| --- | --- |
|  **Noun (Subject)** | **Verb** |
| 1. Your heart
 |  |
| 1. The total number
 |  |
| 1. The human eye
 |  |
| 1. A person
 |  |
| 1. The human body
 |  |
| 1. An average person
 |  |
| 1. The surface area of your lungs
 |  |

What have you noticed about the relationship between the subject and the verb?

Group 2

|  |  |
| --- | --- |
|  **Noun (Subject)** | **Verb** |
| 1. Some of these bones
 |  |
| 1. You
 |  |
| 1. The eyes
 |  |
| 1. They
 |  |
| 1. Our noses
 |  |
| 1. Humans
 |  |
| 1. Men’s nails
 |  |
| 1. Fingernails
 |  |
| 1. We
 |  |

What have you noticed about the relationship between the subject and the verb?

**Discussion**

1. What have you noticed about the verbs in Group 1? What is in common?

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. What is the difference between the verbs in Group 1 and Group 2?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

In the present tense, we have to add an “s” to the verbs (e.g. *beats, blinks*) after some nouns (subjects). What are these nouns?

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1. After some nouns (subjects), we do not need to add an “s” to the verb (e.g. *fuse, die*). What are these nouns?

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**Activity 2** (For weaker learners)

**The following paragraph tells you some facts about lungs.** **Use the correct forms of the verbs provided to complete the text.**



Your lungs (1) \_\_\_\_\_\_\_\_\_\_\_ (move) oxygen from the air you breathe into your bloodstream. They (2) \_\_\_\_\_\_\_\_\_\_\_(take) away carbon dioxide (CO2), which you need to breathe out.

Your left and right lungs (3) \_\_\_\_\_\_\_\_\_\_\_ (be) not exactly the same. The left lung (4) \_\_\_\_\_\_\_\_\_ (be) slightly smaller. This (5) \_\_\_\_\_\_\_\_\_\_\_\_ (allow) room for your heart.

It (6) \_\_\_\_\_\_\_\_ (be) possible for some people to live with one lung only. Although it (7) \_\_\_\_\_\_\_\_\_\_ (limit) your physical ability, you (8) \_\_\_\_\_\_\_\_\_\_\_\_\_ (be) still able to live a relatively normal life. Many people around the world (9) \_\_\_\_\_\_\_\_\_\_\_\_ (live) with just one lung.

**Activity 2** (for stronger learners)

**The following paragraph tells you some facts about lungs.** **Use the correct forms of the verbs provided to complete the text.**



move take be allow limit live

Your lungs (1) \_\_\_\_\_\_\_\_\_\_\_ oxygen from the air you breathe into your bloodstream. They (2) \_\_\_\_\_\_\_\_\_\_away carbon dioxide (CO2), which you need to breathe out.

Your left and right lungs (3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ not exactly the same. The left lung (4) \_\_\_\_\_\_\_\_\_\_ slightly smaller. This (5) \_\_\_\_\_\_\_\_\_\_\_\_ room for your heart.

It (6) \_\_\_\_\_\_\_\_ possible for some people to live with one lung only. Although it (7) \_\_\_\_\_\_\_\_\_\_\_\_ your physical ability, you (8) \_\_\_\_\_\_\_\_\_\_\_\_\_\_ still able to live a relatively normal life. Many people around the world (9) \_\_\_\_\_\_\_\_\_ with just one lung.

**Activity 3 Card Matching Game**

*Materials:*

Sets of 32 cards made up of matched pairs of subjects and their corresponding verb phrases

*Procedure:*

1. Play in pairs.
2. Shuffle the cards. Put ten cards on a table, face up. Distribute five cards to each player. Put the pile of the remaining cards in the centre.
3. The first player tries to match a card in his/her hands with a card on the table according to the subject-verb agreement rule and the meaning of the sentence.
4. If the cards do not match, the player has to give up one card in hand and put it on the table, face up.
5. Then the player draws a card in the central pile and tries to find a match with a card on the table. If there is no match, the card drawn has to be put on the table, face up.
6. The play moves to the next player.
7. The play continues until all the cards have been correctly matched. The winner is the one who has the most pairs at the end.

**Activity 4 Writing – Respiration**

Video link: <https://www.youtube.com/watch?v=ydX8Lw4q2Mk>

How much do you know about respiration? Watch the video. Then with reference to the guiding questions below, write a short paragraph to show your understanding.

Vocabulary bank

respiratory system nose trachea/windpipe lungs bronchioles diaphragm alveoli oxygen carbon dioxide

Guiding questions (You can jot notes below the questions)

1. When do we need more oxygen intake? Why do we need more oxygen at that time?
2. What is the link between energy and breathing?
3. What do we breathe in and breathe out?
4. How does air come in and go out of the body?
5. What does nose hair do?
6. What is the diaphragm?
7. What are bronchioles?
8. What is the use of alveoli?
9. Do fish have lungs? How do they breathe?

**Writing: Respiration**

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**Human Body Worksheet (Teacher’s version)**

**Activity 1 Video watching and blank-filling**

1. **How much do you know about the human body? Watch a video clip and fill in the blanks.**

Video link: <https://www.youtube.com/watch?v=hmUKdIc0y9I>

Bones

During growth, some of these bones fuse together and by adulthood, the total number decreases to 206.

The heart

Your heart begins beating just 4 weeks after conception and doesn’t stop until you die.

Your heart beats an impressive 100,000 times a day.

Eyes

Unlike ears and noses, the eyes stay the same in your entire life.

Oddly enough, they perceive reality upside down before the brain flips it upright.

Nose

Our noses behave like an air conditioner: warming up cold air, cooling down hot air

Skin

Humans shed about 600,000 particles of skin every hour.

Nails

Men’s nails grow faster than women’s nails. Fingernails grow almost 4 times faster than toenails,

1. **Now watch another video clip to learn more about the human body.**

Video link: <https://www.youtube.com/watch?v=X8VWhVQzPGg>

1. An average person has 10,000 taste buds.
2. The human eye blinks over 4,200,000 times a year.
3. A person produces enough saliva to fill two average size swimming pools during their life time.
4. The human body creates 2,500,000 new red blood cells every second.
5. An average person sheds 0.7 kg (1.5 pounds) of skin each year.
6. An average person walks the equivalent of twice around the world in a lifetime.
7. A soap bubble is 10,000 times thinner than the average human hair.
8. The surface area of your lungs is roughly the same size as a tennis court.
9. **Work in pairs. Read the sentences above again. Write down the verbs that follow the nouns (Subject) in the two tables below.**

Group 1

|  |  |
| --- | --- |
|  **Noun (Subject)** | **Verb** |
| 1. Your heart
 | begins, beats |
| 1. The total number
 | decreases |
| 1. The human eye
 | blinks |
| 1. A person
 | produces |
| 1. The human body
 | creates |
| 1. An average person
 | walks |
| 1. The surface area of your lungs
 | is |

What have you noticed about the relationship between the subject and the verb?

Group 2

|  |  |
| --- | --- |
|  **Noun (Subject)** | **Verb** |
| 1. Some of these bones
 | fuse |
| 1. You
 | die |
| 1. The eyes
 | stay |
| 1. They
 | perceive |
| 1. Our noses
 | behave |
| 1. Humans
 | shed |
| 1. Men’s nails
 | grow |
| 1. Fingernails
 | grow |
| 1. We
 | come |

What have you noticed about the relationship between the subject and the verb?

**Discussion**

1. What have you noticed about the verbs in Group 1? What similarity do they share?

 All verbs end with ‘s’. They are singular verbs.

1. What is the difference between the verbs in Group 1 and Group 2?

 None of the verbs in Group 2 ends with “s”.

1. In the present tense, we have to add an “s” to the verbs (e.g. *beats, blinks*) after some nouns (subjects). What are these nouns?

 Nouns: singular

1. After some nouns (subjects), we do not need to add an “s” to the verb (e.g. *fuse, die*). What are these nouns?

Nouns: plural

**Activity 2**

**The following paragraph tells you some facts about lungs.** **Use the correct forms of the verbs provided to complete the text.**

move take be allow limit live

Your lungs (1) \_\_\_move \_\_\_\_\_\_ oxygen from the air you breathe into your bloodstream. They (2) \_\_\_\_take\_\_ away carbon dioxide (CO2), which you need to breathe out.

Your left and right lungs (3) \_\_\_\_\_are\_\_\_\_ not exactly the same. The left lung (4) \_\_\_\_\_\_is\_\_\_\_ slightly smaller. (5) This \_\_\_allows\_\_\_\_\_\_\_\_\_ room for your heart.

It (6) \_\_\_is\_\_\_ possible for some people to live with one lung only. Although it (7)\_\_\_\_limits\_ your physical ability, you (8) are still able to live a relatively normal life. Many people around the world (9) \_\_live\_\_\_\_\_\_ with just one lung.

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*Procedure:*

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6. The play moves to the next player.
7. The play continues until all the cards have been correctly matched. The winner is the one who has the most pairs at the end.

**Activity 3 Card Matching Game** (for weaker learners)

|  |  |
| --- | --- |
| The brain | uses over a quarter of the oxygen used by the human body. |
| Your heart | beats around 100,000 times a day, 36,500,000 times a year. |
| Red blood cells | carry oxygen around the body.  |
| Your nose and ears | continue growing throughout your entire life. |
| It  | takes the body around 12 hours to completely digest eaten [food](http://www.sciencekids.co.nz/sciencefacts/food.html). |
| **The human heart**  | **creates enough pressure to squirt blood 30 feet.** |
| **Women’s hearts**  | **beat faster than men’s.** |
| **Women** | **blink twice as many times as men do.** |
| **Sunburn**  | **damages the blood vessels extensively.** |
| **A human head**  | **remains conscious for about 15 to 20 seconds after it has been removed from the body.** |

|  |  |
| --- | --- |
| **Women’s hair** | **is about half the diameter of men’s hair.** |
| **The brain** | **is much more active at night than during the day.** |
| **The lifespan of a human hair** | **is 3 to 7 years on average.** |
| **Sneezes**  | **regularly exceed 100 mph.** |
| **20% more people** | **die of heart attacks on Mondays than any other day of the week.** |

|  |  |
| --- | --- |
| **Women** | **burn fat more slowly than men.** |

(Adapted from: <http://somethinwonderful.blogspot.hk/2009/02/50-weird-facts-about-humans.html> )

**Activity 3 Card Matching Game** (for stronger learners)

|  |  |
| --- | --- |
| The brain | \_\_\_\_\_\_\_\_ (use) over a quarter of the oxygen used by the human body. |
| Your heart | \_\_\_\_\_\_\_\_\_ (beat) around 100,000 times a day, 36,500,000 times a year. |
| Red blood cells | \_\_\_\_\_\_\_\_\_\_\_\_\_ (carry) oxygen around the body.  |
| Your nose and ears | \_\_\_\_\_\_\_\_\_\_\_\_ (continue) growing throughout your entire life. |
| It  | \_\_\_\_\_\_\_\_\_\_\_ (take) the body around 12 hours to completely digest eaten [food](http://www.sciencekids.co.nz/sciencefacts/food.html). |

|  |  |
| --- | --- |
| **The human heart**  | **\_\_\_\_\_\_\_\_\_ (create) enough pressure to squirt blood 30 feet.** |
| **Women’s hearts**  | **\_\_\_\_\_\_\_\_\_\_\_ (beat) faster than men’s.** |
| **Women** | **\_\_\_\_\_\_\_\_\_\_ (blink) twice as many times as men do.** |
| **Sunburn**  | **\_\_\_\_\_\_\_\_\_\_\_\_ (damage) the blood vessels extensively.** |
| **A human head**  | **\_\_\_\_\_\_\_\_\_\_\_ (remain) conscious for about 15 to 20 seconds after it has been removed from the body.** |

|  |  |
| --- | --- |
| **Women’s hair** | **\_\_\_\_\_\_\_\_\_\_\_\_ (be) about half the diameter of men’s hair.** |
| **The brain** | **\_\_\_\_\_\_\_\_\_\_\_\_\_ (be) much more active at night than during the day.** |
| **The lifespan of a human hair** | **\_\_\_\_\_\_\_\_\_\_\_\_\_ (be) 3 to 7 years on average.** |
| **Sneezes**  | **regularly \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (exceed) 100 mph.** |
| **20% more people** | **\_\_\_\_\_\_\_\_\_\_\_\_ (die) of heart attacks on Mondays than any other day of the week.** |

|  |  |
| --- | --- |
| **Women** | **\_\_\_\_\_\_\_\_\_\_\_\_\_ (burn) fat more slowly than men.** |

(Adapted from: <http://somethinwonderful.blogspot.hk/2009/02/50-weird-facts-about-humans.html> )